

April 21

Thursday
11 a.m.-
3 p.m.



BIKE REPAIR CLINIC outside at the UI Commons with folks from the UI Sustainability Center. Learn how to repair and maintain bicycles for free.

April 29

Friday
noon-1:00

LUNCH & LEARN Bicycle Celebration: Bike safety and riding gear. Gritman Conference Center, 700 South Main, FREE! Light snacks will be served.

May 1

Sunday
10 a.m. -
5 p.m.



MAY DAY air, oil & lube free at Paradise Creek Bicycles. 50% off labor for maintenance and repair with coupon available at any of these events.

May 2

Monday
7 p.m.

MAYOR NANCY CHANEY'S NATIONAL BICYCLE MONTH PROCLAMATION. Moscow City Council meeting, Council Chambers. Please be prompt!



May 3, 10,

17 and 24
Tuesdays
11 a.m.



TOW YOUR TOTS. Meet at Mountain View Park for group ride to Patty's Mexican Kitchen for two-for-one burritos. An easy 30 minutes ride on flat trails. Questions? - Email Brooke at blowry@uidaho.edu

May 4

Wednesday

FILL THE RACKS. Moscow's elementary & junior high students are encouraged to bike to school. Safe Routes to School will provide incentives for participating students and parents.

May 7

Saturday
8 a.m. -
2 p.m.



BIKEFEST. Bike swap and sale, free bike tune-ups and more. Local folks selling bikes, parts and gear. Friendship Square fountain and adjacent cul-de-sac.

May 7

Saturday
11 a.m.

PALOUSE PRIZE RIDE. Moscow Parks and Rec poker ride on Paradise Path. Start at Friendship Square. Pick up cards at local businesses. You could win 1 of 4 bikes! 883-7085 to register. \$10 w/t-shirt, \$5 w/o.

May 12

Thursday
6-7 p.m.



SPOKE-N WORD open mic at Café Silos, 693 Styner Ave. Recite bike poetry, sing or read short stories about bicycling. The stage is yours.

May 13

Friday
7-8:30 a.m.

BIKE TO WORK DAY. Join your fellow bicycle commuters at the SE corner of Sixth and Main for coffee, treats, assorted freebies, photo ops and bicycle wheel spoke cards.

May 14

Saturday
8 a.m.

LATAH TRAIL BREAKFAST RIDE TO TROY. Meet at NRS East parking lot (corner of Blaine St. & Troy Hwy). Enjoy breakfast with cyclists at the White Pine Cafe in Troy. 24 miles. About 4 hours.



May 21

Saturday
1 p.m.

(RE)DISCOVER PARADISE PATH. Where are all the sections of the path located? Ride with Paradise Path Task Force members to learn more. Meet behind UI Rec Ctr.



May 21

Saturday
6 p.m.

BICYCLE MOVIE NIGHT. Nuart Theatre, 516 S. Main Street, Moscow. Includes fund-raising raffle. Movies: **Breaking Away** and **The Triplets of Belleville**



May 22

Sunday
8 a.m.

Waffle Ride to Pullman. Meet at Chipman Trail, corner Pullman Hwy and Perimeter Dr. Bike to Old European Restaurant for breakfast. 17 miles RT.

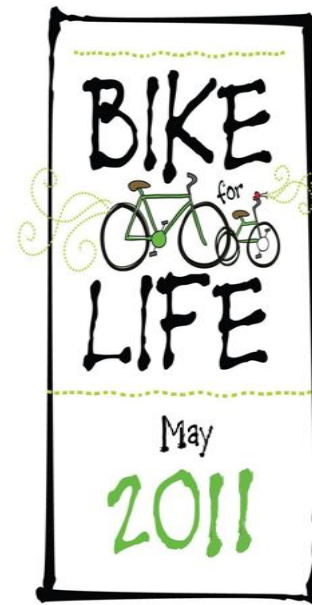


Thanks to our sponsors

Café Silos
City of Moscow
Gritman Medical Center
Nuart Theatre
One World Café
Paradise Creek Bicycles
Palouse-Clearwater Environmental Institute
UI Sustainability Center
Wheatberries Bake Shop

Bicycle safety suggestions:

- Always wear a helmet.
- Ride on the right side of the road with traffic.
- Scan behind and signal before changing lanes or turning.
- Stay alert on shared pathways.
- Use a headlight and taillight for night riding.
- Be conspicuous.
- If you bike on the sidewalk, ride slowly and yield to pedestrians.



Moscow, Idaho

www.bikeforlifemoscow.com
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